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— Jeffrey L. Wasserman, MD, DABPM
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— Michael Phillips, MD, DABPM
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Patient Name: Robert Plock

CPT/ICD-9: _____

Procedure: TFL #3 L5/S1

Date: 8/7/13 Procedure Time: 8:15 am Arrival Time: 7:15 am

Location of Procedure:

— North Texas Surgical Center
7992 West Virginia
Dallas, TX 75237
972-283-2400

— Select Pain & Treatment
1778 N. Plano Rd. Suite 300
Richardson, TX 75081
972-234-4740

— Advanced Pain Medicine-Waxahachie
507 N. HWY 77 Ste. 902
Waxahachie, TX 75165
972-572-6101

— Rockwall Surgery Ctr.
825 W. Yellow Jacket
Rockwall, TX 75087
972-772-6166

— N. Central Surgical Ctr./Pain Management Ctr.
9301 N. Central Expwy, TOWER 1 2nd Floor
Dallas, TX 75231
214-265-2810

X — Swiss Avenue Surgicenter
4103 Swiss Avenue Ste. B
Dallas, TX 75204
214-821-2001

— Advanced Pain Medicine-Arlington
800 West Arbrook Blvd. Ste. 120
Arlington, TX 76015
817-468-4343

— Heath Surgicare
6435 S. FM 549 Ste. 101
Heath, TX 75204
972-722-9003

— Methodist Hospital for Surgery
17101 N. Dallas Parkway
Addison, TX 75001
469-248-3900

INSTRUCTIONS: (PLEASE READ AND FOLLOW INSTRUCTIONS CAREFULLY)

___ ♦ **ARRIVE 1 HOUR BEFORE** the time your procedure is scheduled unless otherwise indicated by the facility.

___ ♦ **NPO** (Nothing to eat or drink) after midnight. ****Including no chewing tobacco, gum, mints, etc.**** If your procedure is scheduled after 12 noon, you may have clear liquids (water, Sprite, Gatorade, or 7up), including black coffee (no cream, sugar, milk) **SIX** hours before your procedure time.
(Example: If your procedure is at 2pm, NO liquids after 8am)

___ ♦ You must have someone drive you home after the procedure. A taxi or bus is not acceptable.

___ ♦ If you take blood thinners (Aspirin, Plavix, or Coumadin) you must stop these medications 7 days prior to your procedure. If you don't, you will be rescheduled. ****Herbal supplements are also considered a blood thinner.****

___ ♦ If you are diabetic and take oral diabetic medication, please do not take the medication the day of your procedure. If you take insulin, please inform your doctor for further instructions. Please check your blood sugar the morning of your procedure and report the findings to your doctor.

___ ♦ You may take heart medicine, blood pressure medicine, or pain medicine with a sip of water just enough to get your pill down.

___ ♦ Please shower the night before your procedure and the day of your procedure to avoid infections.